Directions to the Four Points by Sheraton Meriden
275 Research Parkway
Meriden, CT 06450

From Hartford (I-91 South)
Take I-91 South to Exit 17 (East Main Street). At the end of the exit, take a left onto East Main Street. At the fourth stop light, take a right onto Research Parkway. The Four Points by Sheraton will be ¼ mile on the right.

From Hartford (Rt. 15 South)
Take Rt. 15 South (Merritt Parkway) to Exit 67W. At the end of the exit, take a left onto East Main Street. At the fourth stop light, take a right onto Research Parkway. The Four Points by Sheraton will be ¼ mile on the right.

From New Haven (I-91 North)
Take I-91 North to Exit 16. At the end of the exit, take a right onto East Main Street. At the fourth stop light, take a right onto Research Parkway. The Four Points by Sheraton will be ¼ mile on the right.

From New Haven (Rt. 15 North)
Take Rt. 15 North to Exit 67. At the end of the exit, take a right onto East Main Street. At the fourth stop light, take a right onto Research Parkway. The Four Points by Sheraton will be ¼ mile on the right.

From Waterbury
Take I-84 East to Exit 27 onto I-691 East. Follow I-691 to Exit 10 (I-91/Rt 15 South Exit). Stay in the right hand lane and get off the first exit, 67W (East Main Street Exit). At the fourth stop light, take a right onto Research Parkway. The Four Points by Sheraton will be ¼ mile on the right.

From Middletown
Take Rt. 66 to Exit 13 (East Main Street). Follow straight through to the second light. Take a left onto Research Parkway. Follow to the stop sign, go straight. The Four Points by Sheraton will be on the right hand side.